

**Always practice with a metronome**

**Each point app. 20 min.**

- 1. Long tones or ballad with music for 1 week play from memory after during week  
No vibrato, start in middle of horn , play phrases in different octaves, repeat phrases  
A. vibrato studies**
- 3. Play scale studies V7#11 without music, Joe Viola, Chord Studies**
- 4. Phrasing exercises – clap , snap , foot 2+4 sing phrases then play**
- 5. Play Bebop song and/or articulation study, Lenny Niehaus, Anthropology Play with perfect time (learn new Standard /Be-Bop sng each week)**
- 6. Practice Symetrical patterns**
- 7. Practice Improvisation patterns excercises**
- 8. Imrovise Play medium swing standard (learn song with accompaniement)**
- 9. Play ballad with embellishment/solo**